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## **Selecting Effective Treatments A Comprehensive Systematic Guide To Treating Mental Disorders Includes Dsm 5 Update Chapter**

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### **Selecting Effective Treatments: A Comprehensive ...**

*Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders.* by Linda Seligman, Lourie W. Reichenberg. 4.01 · Rating details · 167 ratings · 7 reviews. This thoroughly revised and updated version of Linda Seligman's classic book, *Selecting Effective Treatments*, presents a comprehensive, systematic research-based approach to the diagnosis and treatment of all the major mental disorders found in the Diagnostic and Statistical Manual of Mental Disorders.

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Selecting Effective Treatments helps simplify and organize the treatment planning process by putting critical information and useful planning strategies at your fingertips Get up to speed on the latest changes to the DSM-5 Conduct evidence-based treatment suited to your therapeutic style Construct Client Maps to flesh out comprehensive treatment plans Utilize assessment methods that reflect the changes to the DSM-5 multiaxial system Effective treatment begins with strategic planning, and it ...

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### **Selecting Effective Treatments: A Comprehensive ...**

Effective treatment begins with strategic planning, and it's important to match the intervention to your own strengths, preferences, and style as much as to the client's needs. *Selecting Effective Treatments* gives you the latest information and crucial background you need to provide the evidence-backed interventions your clients deserve.

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approach to treating clients Helps clinicians develop evidence-based treatment plans based on their own therapeutic style Introduces tools and strategies that streamline comprehensive treatment planning

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Selecting Effective Treatments: A Comprehensive, Systematic Guide to Treating Mental Disorders (Third Edition) PELIC, CHRISTOPHER, MD Section Editor(s): Robinowitz, Carolyn B. MD ; Verduin, Marcia L. MD