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"Magid's inspiring book, Nothing is Hidden, is a warmly human and truly original guide to Zen practice which authenticates koan Zen in Western words and lifestyle. Rather than imitating an ancient Asian tradition, the book uses modern psychological insight to illuminate such mysteries as brilliant spiritual teachers who go astray, koans that perplex and our own desire to run away from suffering.

Nothing is Hidden: The Psychology of Zen Koans - IARPP

As a psychologist with psychoanalytic training (relational orientation) and a dedicated student of Zen, Magid's "Nothing is Hidden" as well as his other work have been more helpful in my attempts to integrate psychoanalysis and Zen than anything else that I've come across. Wonderful, clear, and very human; just what the doctor ordered.

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Nothing is Hidden: The Psychology and Insight of Zen Koans. Although koans are often perceived as riddles designed to unlock our ego-centric consciousness and propel us into hitherto unknown experiences of "no-self" or "oneness," their actual function in practice may be to compel us to understand and engage the deep psychological dualisms or conflicts within ourselves.

Upcoming Courses

Nothing Is Hidden: The Psychology of Zen Koans Barry Magid. Wisdom Publications, \$16.95 trade paper (224p) ISBN 978-1-61429-082-7
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