

Blue Dreams The Science And The Story Of The Drugs That Changed Our Minds

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Blue Dreams The Science And

Blue Dreams offers the explosive story of the discovery and development of psychiatric medications, as well as the science and the people behind their invention, told by a riveting writer and psychologist who shares her own experience with the highs and lows of psychiatric drugs.

Blue Dreams: The Science and the Story of the Drugs that

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"In her informative and detailed new book, Blue Dreams, Lauren Slater traces the meandering, mercurial history of psychiatric drug discovery...She is at her most prescient when discussing Prozac, from its initial promise to its saturation of American

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culture...Slater also helps to further debunk the 'chemical imbalance' myth of mental illness, citing 'the paucity of evidence' supporting the role of neurotransmitters in depression...

Blue Dreams: The Science and the Story of the Drugs that

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Blue Dreams arrives in the thick of a debate about the pharmaceutical approach to mental health, and synthesizes forceful critiques from Gary Greenberg, Irving Kirsch and Robert Whitaker, among others. Slater is pithy, readable and generally fair...Blue Dreams, like all good histories of medicine, reveals healing to be art as much as science. Slater doesn't demonize the imperfect remedies of the past or present—even as she describes their costs with blunt severity.

Blue Dreams: The Science and the Story of the Drugs that

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Blue Dreams: The Science and the Story of the Drugs that Changed Our Minds by Clinical Psychologist and best selling author of Prozac Diary, Dr. Lauren Slater, is a fascinating history of psychopharmacology told with scientific rigour along with the empathic recounting of the author's own experiences. I enjoyed the chapters on antidepressants and on placebos but the chapters that really blew me away were the ones on psychedelics.

Blue Dreams: The Science and the Story of the Drugs that

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Blue Dreams also chronicles experimental treatments involving Ecstasy, magic mushrooms, the most cutting-edge memory drugs, placebos, and even neural implants. In her thorough analysis of each treatment, Slater asks three fundamental questions: how was the drug born, how does it work (or fail to work), and what does it reveal about the ailments it is meant to treat?

Blue Dreams : The Science and the Story of the Drugs that ...

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Blue Dreams : The Science and the Story of the Drugs That ...

Blue Dreams NPR coverage of Blue Dreams: The Science and the Story of the Drugs That Changed Our Minds by Lauren Slater. News, author interviews, critics' picks and more.

Blue Dreams : NPR

The story of Slater's attempts to get and stay well weaves throughout "Blue Dreams: The Science and the Story of the Drugs That Changed Our Minds" and provides some of the book's most poignant and...

A Reckoning With an Imperfect Science in 'Blue Dreams

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Blue Dreams: The Science and the Story of the Drugs that Changed Our Minds (Hardcover) Published February 20th 2018 by Little, Brown and Company Hardcover, 576 pages

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Blue Dreams: The Science and the Story of the Drugs that Changed Our Minds. by Lauren Slater. 3.74 avg. rating · 243 Ratings. A groundbreaking and revelatory history of our major psychotropic drugs, from "a thoroughly exhilarating and entertaining writer" (Washington Post).

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Blue Dreams (Paperback) The Science and the Story of the Drugs that Changed Our Minds. By Lauren Slater. Back Bay Books, 9780316370622, 416pp. Publication Date: February 5, 2019. Other Editions of This Title: Digital Audiobook (2/19/2018) Hardcover (2/20/2018) Compact Disc (2/20/2018) CD-Audio (2/27/2018)

Blue Dreams: The Science and the Story of the Drugs that ...

Kelly Bulkeley, Ph.D., is a psychologist of religion, Director of the Sleep and Dream Database, and author of numerous books on dreams, psychology, spirituality, art, science, and history. Online ...

The Science of Dreaming: 9 Key Points | Psychology Today

In the 1970s, methylene blue reemerged as a means of treating manic depression, for which it was highly effective, but ultimately corporate profit-seeking interests rather than therapeutic outcomes won the day." — Lauren Slater, Blue Dreams: The Science and the Story of the Drugs that Changed Our Minds

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